



KINGSTEIGNTON BEATING THE BOUNDS 2022

REGISTRATION FORM

The walks will take place over two separate Saturdays, the 6th & 13th August 2022.

The total length of both walks is an approx. distance of 17.5 miles

The walk on Saturday 6th August will commence at 9:00 am from the Ten Tors Inn and finish at the Passage House Inn, *(this route will be approx. 8.5 miles)*

The walk on Saturday 13th August will commence at 9:00 am from the Passage House Inn and finish at the Sandygate Inn, *(this route will be approx. 9 miles)*



Please read the following essential points:

- Significant stretches of the walks are across privately owned farmland, therefore, it will **NOT** be possible to bring dogs.
- Participation on the walks will be dependent upon the entrants' ability to walk distances of up to 10 miles, across muddy, steep and uneven ground and across obstacles such as stiles.
- Each walker is primarily responsible for his or her own safety, particularly when crossing or walking along a road. If much traffic is likely, the leader may ask you to walk along in single file.
- In order to comply with Devon Safety out of Doors Guidelines, the following kit list is required by all entrants'
 - ◇ A suitable hat for weather on the day & suncream
 - ◇ Waterproof clothing or a warm clothing layer (dependent on weather)
 - ◇ Sturdy footwear with non-slip soles for steep and muddy conditions, walking boots are advisable
 - ◇ A packed lunch and water (at least 2 litres will be needed on a hot day)
 - ◇ **Hi-Vis vests will be compulsory to take part in these walks—you will need to provide your own.**

Please be advised that it is recommended that to participate within the walks, you should be fit and healthy.

Refreshments will be provided at suitable points but please ensure that you bring your own too.

REGISTRATION FORM FOR BEATING THE BOUNDS 2022

Please specify which date/s you wish to participate in the walk/s, by ticking below:-

Saturday 6th August: **Saturday 13th August:**

Name:

Address:

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E-mail:

Tel: **Mobile:**

I consider myself fit to participate in this event and I agree to abide by the conditions overleaf.

Signed: **Dated:**

Emergency Contact Name & Tel. No: (This must be completed)

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Please return this form to: **Kingsteignton Town Council**, Council Office, Community Hall, Rydon Road, Kingsteignton, TQ12 3LP or E-mail to: clerk@kingsteignton.gov.uk or Tel: **Tel: 01626 364089** should you have any enquiries.

Each walk will be limited to 20 people in total.